

WOMENS SHORT COURSE RECORDS

2025 Record Breakers



WOMEN - FREESTYLE 25M

10 Years	14.71	2025	Stella Sparling - St Andrew's
11 Years	13.67	2011	Sarah Johnson - Kawana Waters
12 Years	12.87	2012	Sophie R Kluck - Hervey Bay
13 Years	12.77	2012	Chelsea Gubecka - MtCrkMool'aba
14 Years	12.60	2024	Abigail McNaught - Sunshine Coast Grammar
15 Years	12.33	2023	Erin McGarry - St Andrew's
16 Years	12.71	2023	Wahida Kelm - Kawana Waters
17 Years & Over	11.88	2025	Chloe Rowe-Hagans - St Andrew's

WOMEN - FREESTYLE 50M

9 Years	31.76	2016	Jasmin White - Rainbow Beach
10 Years	31.02	2022	Judith Hast - MtCrkMool'aba
11 Years	28.27	2025	Elsie Clark - Pelican Waters
12 Years	27.83	2012	Sophie R Kluck - Hervey Bay
13 Years	27.23	2023	Abigail McNaught - Sunshine Coast Grammar
14 Years	26.74	2024	Abigail McNaught - Sunshine Coast Grammar
15 Years	25.64	2025	Alyssa Lawson - St Andrew's
16 Years	26.66	2023	Lola Gibbs-Beal - St Andrew's
17 Years & Over	25.20	2022	Lucy Dring - Sunshine Coast Grammar
9-13 Years MC	45.54	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	30.71	2025	Amelia Steiner - St Andrew's

WOMEN - FREESTYLE 100M

10 Years	1:07.99	2023	Lily Costa - Kawana Waters
11 Years	1:01.80	2011	Sarah Johnson - Kawana Waters
12 Years	59.93	2021	Freya Goldston - SC Gramma
13 Years	59.05	2012	Chelsea Gubecka - MTCKM
14 Years	58.44	2023	Freya Goldston - Sunshine Coast Grammar
15 Years	55.56	2025	Alyssa Lawson - St Andrew's
16 Years	58.02	2016	Mackenzie Harris - Cotton Tree
17 Years & Over	55.82	2025	Chloe Rowe-Hagans - St Andrew's
9-13 Years MC	1:38.81	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	2:27.15	2025	Sakura Dean - St Andrew's

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WOMEN - FREESTYLE 200M

10 Years	2:29.28	2025	Mia Roberts - Fraser Coast
11 Years	2:11.91	2010	Chelsea L Gubecka - Kawana Waters
12 Years	2:09.74	2021	Freya Goldston - Sunshine Coast Grammar
13 Years	2:08.80	2022	Freya Goldston - Sunshine Coast Grammar
14 Years	2:04.12	2023	Freya Goldston - Sunshine Coast Grammar
15 Years	2:02.90	2025	Alyssa Lawson - St Andrew's
16 Years	2:06.33	2019	Lucy Dring - Pelican Waters
17 Years & Over	2:03.68	2015	Dahlas Rogers - Noosa
9-13 Years MC	3:39.09	2025	Bella Forge-Bowtell - Sunshine Coast Grammar

WOMEN - FREESTYLE 400M

11 Years	5:06.18	2024	Lola Shaw - Sunshine Coast Grammar
12 Years	4:49.76	2023	Molly Bawden - Kawana Waters
13 Years	4:30.63	2022	Freya Goldston - Sunshine Coast Grammar
14 Years	4:23.23	2025	Molly Bawden - Kawana Waters
15 Years	4:26.15	2022	Daisy Quinn - Sunshine Coast Grammar
16 Years	4:24.05	2023	Esther Davies - Noosa
17 Years & Over	4:16.23	2021	Finella Gibbs Beal - Noosa

WOMEN - FREESTYLE 800M

11 Years	10:17.29	2024	Nellie Pocock - Eumundi
12 Years	9:38.75	2023	Molly Bawden - Kawana Waters
13 Years	9:26.45	2022	Cerys Davis - Kawana Waters
14 Years	9:01.68	2025	Molly Bawden - Kawana Waters
15 Years	9:02.34	2022	Daisy Quinn - Sunshine Coast Grammar
16 Years	9:00.84	2023	Esther Davies - Noosa
17 Years & Over	8:54.13	2017	Kareena Lee - MTCKM

WOMEN - FREESTYLE 1500M

12 Years	19:25.98	2024	Skye Duggan - Gympie Gold Fins
13 Years	18:07.71	2023	Emma Daddow - Fraser Coast
14 Years	18:05.82	2018	Finella Gibbs Beal - Noosa
15 Years	18:02.76	2023	Briarna Wilkinson - Cotton Tree
16 Years	16:59.00	2023	Daisy Quinn - Sunshine Coast Grammar
17 Years & Over	16:59.97	2024	Bianca Crisp - Noosa

WOMENS SHORT COURSE RECORDS

2025 Record Breakers



WOMEN - BACKSTROKE 50M

9 Years	38.03	2008	Chelsea L Gubecka - Kawana Waters
10 Years	35.79	2015	Paris L Burlock - Pelican Waters Caloundra
11 Years	34.70	2022	Jasmin Goodwin - Flinders Phoenix
12 Years	32.01	2023	Megan Geldenhuys - St Andrew's
13 Years	31.24	2024	Taylen-Jay Phillips - Pelican Waters
14 Years	30.38	2025	Taylen-Jay Phillips - Pelican Waters
15 Years	28.69	2022	Mackenzie Burns - St Andrew's
16 Years	31.47	2022	Tyla Paterson - Caboolture Cent
17 Years & Over	29.27	2025	Mackenzie Burns - St Andrew's
9-13 Years MC	54.23	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	45.11	2025	Caitlin Mellor - Sunshine Coast Grammar

WOMEN - BACKSTROKE 100M

10 Years	1:20.52	2023	Lily Costa - Kawana Waters
11 Years	1:09.55	2025	Elsie Clark - Pelican Waters
12 Years	1:09.64	2023	Megan Geldenhuys - St Andrew's
13 Years	1:06.52	2016	Billie Rezek - Kawana Waters
14 Years	1:02.69	2015	Kaylee McKeown - Pelican Waters Caloundra
15 Years	1:03.87	2022	Mackenzie Burns - St Andrew's
16 Years	1:06.97	2018	Hayley Perry - Fairymead
17 Years & Over	1:02.69	2025	Mackenzie Burns - St Andrew's
9-13 Years MC	1:59.13	2025	Bella Forge-Bowtell - Sunshine Coast Grammar

WOMEN - BACKSTROKE 200M

11 Years	2:41.70	2025	Gabriella Price - Fraser Coast
12 Years	2:39.56	2025	Alice Small - Maroochy River
13 Years	2:23.20	2014	Kaylee McKeown - Pelican Waters Caloundra
14 Years	2:13.89	2015	Kaylee McKeown - Pelican Waters Caloundra
15 Years	2:21.65	2018	Georgia Pendergast - Kawana Waters
16 Years	2:24.97	2018	Kyanna Ayres - Sunshine Coast Grammar
17 Years & Over	2:13.68	2021	Ashley Weill - St Andrew's

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WOMEN - BREASTSTROKE 50M

9 Years	42.56	2016	Jasmin White - Rainbow Beach
10 Years	40.03	2018	Alix Woods - Fraser Coast
11 Years	39.26	2025	Grace McNaught - Sunshine Coast Grammar
12 Years	36.86	2023	Willow Roper - Sunshine Coast Grammar
13 Years	35.40	2023	Hazel Rahui - Coolum Peregian
14 Years	32.97	2023	Georgia Edwards - Sunshine Coast Grammar
15 Years	33.96	2024	Ruby Simmons - Pelican Waters
16 Years	33.98	2022	Tyla Paterson - Caboolture Cent
17 Years & Over	32.95	2022	Jayda Lowe - Sunshine Coast Grammar
9-13 Years MC	1:00.81	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	46.39	2025	Caitlin Mellor - Sunshine Coast Grammar

WOMEN - BREASTSTROKE 100M

10 Years	1:34.57	2025	Romi Filei - Flinders Phoenix
11 Years	1:23.17	2014	Ella Campbell - Kawana Waters
12 Years	1:20.10	2015	Ella Campbell - Kawana Waters
13 Years	1:15.98	2015	Shikira-Lee A Matheson - Nanango
14 Years	1:11.33	2023	Georgia Edwards - Sunshine Coast Grammar
15 Years	1:14.18	2018	Georgia Pendergast - Kawana Waters
16 Years	1:13.32	2022	Tyla Paterson - Caboolture Cent
17 Years & Over	1:10.22	2019	Madison Thompson - Pelican Waters
9-13 Years MC	2:22.06	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	1:45.27	2025	Caitlin Mellor - Sunshine Coast Grammar

WOMEN - BREASTSTROKE 200M

11 Years	3:00.77	2025	Grace McNaught - Sunshine Coast Grammar
12 Years	2:55.20	2025	Scarlett Dangerfield - Flinders Phoenix
13 Years	2:41.52	2015	Shikira-Lee A Matheson - Nanango
14 Years	2:41.42	2023	Georgia Edwards - Sunshine Coast Grammar
15 Years	2:41.77	2025	Lola Sushames - Sunshine Coast Grammar
16 Years	2:36.47	2018	Mikayla Stuart - Pelican Waters
17 Years & Over	2:36.73	2021	Ella Wassing - Kawana Waters

WOMENS SHORT COURSE RECORDS

2025 Record Breakers



WOMEN - BUTTERFLY 50M

9 Years	35.73	2021	Judith Hast - Kawana Waters
10 Years	33.53	2022	Judith Hast - MtCrkMool'aba
11 Years	31.32	2025	Elsie Clark - Pelican Waters
12 Years	30.95	2022	Brydee Reid - Sunshine Coast Grammar
13 Years	30.39	2023	Brydee Reid - Sunshine Coast Grammar
14 Years	29.40	2023	Freya Goldston - Sunshine Coast Grammar
15 Years	28.03	2022	Mackenzie Burns - St Andrew's
16 Years	29.11	2022	Ruby Turner - Sunshine Coast Grammar
17 Years & Over	27.10	2022	Lucy Dring - Sunshine Coast Grammar
14 Years & Over MC	33.06	2025	Amelia Steiner - St Andrew's

WOMEN - BUTTERFLY 100M

10 Years	1:20.80	2025	Mia Roberts - Fraser Coast
11 Years	1:08.73	2010	Chelsea L Gubecka - Kawana Waters
12 Years	1:06.61	2011	Chelsea L Gubecka - Kawana Waters
13 Years	1:07.03	2023	Brydee Reid - Sunshine Coast Grammar
14 Years	1:04.68	2024	Emily Jack - Sunshine Coast Grammar
15 Years	1:04.92	2025	Emily Jack - St Andrew's
16 Years	1:04.52	2022	Ruby Turner - Sunshine Coast Grammar
17 Years & Over	1:02.45	2025	Leni Newham - St Andrew's
14 Years & Over MC	1:34.65	2025	Caitlin Mellor - Sunshine Coast Grammar

WOMEN - BUTTERFLY 200M

11 Years	2:45.24	2025	Gabriella Price - Fraser Coast
12 Years	2:37.44	2025	Aster McCall - Sunshine Coast Grammar
13 Years	2:23.99	2023	Brydee Reid - Sunshine Coast Grammar
14 Years	2:25.10	2013	Shanella Gee - Cyclones
15 Years	2:21.75	2019	Briana Keegan - Pelican Waters Caloundra
16 Years	2:20.59	2019	Georgia Pendergast - Kawana Waters
17 Years & Over	2:11.79	2021	Lucy Dring - Sunshine Coast Grammar

WOMENS SHORT COURSE RECORDS

2025 Record Breakers



WOMEN - INDIVIDUAL MEDLEY 100M

10 Years	1:16.58	2018	Alix Woods - Fraser Coast
11 Years	1:13.20	2025	Elsie Clark - Pelican Waters
12 Years	1:11.66	2025	Laurel McWaters - St Andrew's
13 Years	1:10.25	2025	Darcy Hodges - St Andrew's
14 Years	1:04.40	2023	Georgia Edwards - Sunshine Coast Grammar
15 Years	1:03.3	2025	Alyssa Lawson - St Andrew's
16 Years	1:07.13	2022	Tyla Paterson - Caboolture Cent
17 Years & Over	1:05.47	2019	Madison Thompson - Pelican Waters Caloundra
9-13 Years MC	1:57.94	2025	Bella Forge-Bowtell - Sunshine Coast Grammar
14 Years & Over MC	3:11.11	2025	Sakura Dean - St Andrew's

WOMEN - INDIVIDUAL MEDLEY 200M

10 Years	2:54.28	2025	Mia Roberts - Fraser Coast
11 Years	2:37.66	2025	Elsie Clark - Pelican Waters
12 Years	2:36.49	2025	Laurel McWaters - St Andrew's
13 Years	2:31.79	2024	Chelsea Crean - St Andrew's
14 Years	2:31.21	2025	Taylen-Jay Phillips - Pelican Waters
15 Years	2:27.13	2024	Ruby Simmons - Pelican Waters
16 Years	2:22.31	2019	Georgia Pendergast - Kawana Waters
17 Years & Over	2:24.13	2023	Tyla Paterson - Caboolture Cent
14 Years & Over MC	3:23.96	2025	Caitlin Mellor - Sunshine Coast Grammar

WOMEN - INDIVIDUAL MEDLEY 400M

11 Years	5:40.35	2025	Gabriella Price - Fraser Coast
12 Years	5:45.53	2023	Amelia Steiner - Sunshine Coast Grammar
13 Years	5:21.15	2023	Neela Carrel - Noosa
14 Years	5:07.76	2025	Molly Bawden - Kawana Waters
15 Years	5:05.49	2024	Rylee Smith - Sunshine Coast Grammar
16 Years	4:59.44	2019	Lucy Dring - Sunshine Coast Grammar
17 Years & Over	6:09.42	2023	Ebony Ensing - Nambour Piranhas

Every effort has been made to ensure the accuracy of the records listed. However, occasional errors or omissions may occur. If you notice any discrepancies or believe an update is required, please contact us so we can review and correct the information as needed.