



**27th February - 1st March 2026**

**KAWANA AQUATIC CENTRE**  
45 Sportsmans Parade, Bokarina QLD 4575



# KEY EVENT INFORMATION

Please note: event information is subject to change. Swim Central and our website will have the most up-to-date information.

<b>OPEN, WARM-UP &amp; START TIMES</b> <small>Times are subject to change.</small>	<ul style="list-style-type: none"><li>Friday (Session 1) - 5.00pm Warm-up for 6.00pm Start</li><li>Saturday (Session 2) - 7.00am - 7.45am Warm-up for 8.00am Start</li><li>Saturday (Session 3 FINALS) - To Be Advised</li><li>Sunday (Session 4) - 7.00am - 7.45am Warm-up for 8.00am Start</li><li>Sunday (Session 5 FINALS) - To Be Advised</li><li>Times are subject to change.</li></ul>
<b>ENTRY &amp; PROGRAM</b>	<ul style="list-style-type: none"><li>Swimmers &amp; Coaches - FREE</li><li>Spectator entry covered under nomination fees (see below).</li><li>Please ensure that a personal copy of the program is printed as no programs will be available to spectators at the gate. Programs will only be available for coaches who have made prior arrangements with SWB Committee.</li></ul>
<b>NOMINATION FEE</b>	<ul style="list-style-type: none"><li>\$15.00 per Individual Event</li><li>No refunds will be given for withdrawal from the meet unless it is due to a medical reason. If withdrawing due to a medical reason, a medical certificate needs to be provided by 5pm on Thursday 29th February.</li><li>No refunds apply if the meet is cancelled on the days due to inclement weather, extreme heat or public health restrictions.</li></ul>
<b>AGE DETERMINATION &amp; ELIGIBILITY</b>	<ul style="list-style-type: none"><li>Age as at 27th February 2026. Athletes cannot swim 'up' an age in individual events.</li><li>Minimum age to compete at these championships is 9 years.</li><li>Minimum age for 1500m is 12 years.</li><li>Minimum age for 800m Free, 400m Free, 400m IM, 200m Back, 200m Breast and 200 Fly is 11 years.</li><li>Minimum age for 100m Free, 100m Back, 100m Breast, 100m Fly, 200m IM, and 200m Free is 10 years.</li><li>These Championships are open to all registered 'Competitive' members of Swimming Wide Bay affiliated clubs. 'Recreational' swimmers are ineligible to enter.</li></ul>
<b>QUALIFYING TIMES</b>	<ul style="list-style-type: none"><li>Qualifying times must have been achieved at an approved meet between 1st January 2024 and 22nd February 2026 (after Sunshine Coast Grammar the final meet). Qualifying times: <a href="https://swimmingwidebay.org.au/long-course-championships/">https://swimmingwidebay.org.au/long-course-championships/</a></li><li>Entries Close: Midnight 22nd February 2026.</li></ul>
<b>MULTI CLASS EVENTS</b>	<p>The following events will be open to all 9 years &amp; over multi-class swimmers:</p> <ul style="list-style-type: none"><li>50m - All events</li><li>200m - Individual Medley</li></ul> <p>Notes:</p> <ul style="list-style-type: none"><li>Awards will be presented to both males and females in three age categories: 9-11, 12-14, 15 and over<ul style="list-style-type: none"><li>Medals (1st to 3rd) will be awarded in the above events in these three age categories.</li><li>Age Champions will also be awarded in these three categories</li></ul></li><li><b>Swimmers wishing to compete in events not listed above may enter via Swim Central if the able-bodied qualifying time has been achieved. Manual entries may also be considered and can be submitted by emailing Sophie at <a href="mailto:hello@widebayswimming.org.au">hello@widebayswimming.org.au</a></b></li><li>Swimmers must have competed in these events on or after 1 January 2024</li><li><i>Swimming Wide Bay and Swimming Queensland are committed to a 'swimming-for-all' philosophy, creating opportunities for all Queenslanders to participate in our sport. We encourage clubs to provide a safe, fun and inclusive environment. Multi-class swimming refers to the international structure of classifying competitors according to their ability, thereby providing a fair and even structure for swimmers with disabilities.</i></li><li>Link: <a href="https://qld.swimming.org.au/multi-class-competition">https://qld.swimming.org.au/multi-class-competition</a></li></ul>

## PRELIMINARY HEATS, FINALS AND TIMED FINALS

- Please note all 12 and over 50m and 100m events\* will be swum as combined preliminary heats and then age group finals. All 200m and over events will be timed finals. \*Not including Multi Class events.

## MEDALS, AWARDS & MEET RECORDS

### Swimmers aged 9, 10, 11 Years:

- Placegetter Medals will be awarded for all individual age groups within each event
- All events will be conducted as timed finals.

### Swimmers aged 12 Years and Over:

- Age Groups: 12, 13, 14, 15, 16, 17 & Over
- 1st, 2nd or 3rd Placegetter Medals will be awarded for all individual age groups within each Timed Final event.
- For events conducted with Preliminary Heats and Finals, swimmers must compete in the Final to be eligible for a 1st, 2nd or 3rd placing; times swum in preliminary heats will not be used to determine placings.

### Age Champions & Swimmers of the Meet

- Age Group Events: Medals for all age group events will be awarded to the top three placegetters – Gold for 1st, Silver for 2nd, and Bronze for 3rd.
- Age Champions: Each Age Champion will receive a Championship-branded towel to recognise their achievement.
- Swimmers of the Meet: Top-performing male and female swimmers will be awarded the \$100 prize each.

### Meet Records

- Meet records will be announced during the event, and recipients will receive a Swimming Wide Bay digital certificates (PDF) in the following weeks after the Championships.
- Meet Record Holders will be published on the SWB Website in a PDF format in the weeks following the Championships.

## AGE CHAMPIONS

- Age Champion events are: 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over age groups.
- Multi Class Age Champions are in 9-11, 12-14, 15 & Over age groups.
- Points will be awarded for all events.
- A swimmer must have completed 4 swims to be eligible to become Swimming Wide Bay Age Champion. An individual's total will be determined from their 5 highest point-scoring events.
- In the event of a tie, we will work backwards in points score totals until a winner has been determined.
- Points to be awarded: 1st - 6, 2nd - 3 and 3rd - 1.
- Age Champions will be announced at the end of the Championships and will receive a Swimming Wide Bay digital certificate (PDF) in the following weeks after the Championships.
- Age Champions will be published on the SWB Website in PDF format in the weeks following the Championships.
- For any events contested for the first time at any SWB Championships, the winning time will be recognised as the Championship Record for the purpose of calculating these awards.

## SWIMMER OF THE MEET

- The Swimmers of the Meet awards will be presented to the male and female swimmers who accumulate the highest total points across the Championships. In addition, Swimmers of the Meet awards will also be presented to Multi Class male and female swimmers, recognising outstanding performances within the Multi Class categories.
- Swimmers who break a record are awarded 2x the points awarded for an individual first-place finish.
- Swimmers of the meet will be announced at the end of the Championships and will receive a Swimming Wide Bay digital certificate (PDF) in the following weeks after the Championships.
- Swimmers of the Meet will be recorded on the SWB Website in a PDF format in the following weeks after the Championships.
- For any events contested for the first time at any SWB Championships, the winning time will be recognised as the Championship Record for the purpose of calculating these awards.

## RESPECT FOR TECHNICAL OFFICIALS

Technical Officials play a vital role in ensuring fair competition and swimmer safety. All coaches, swimmers, and spectators must:

- Comply with all directions and decisions of Technical Officials at all times
- Respect the 1-meter clear-zone on both lengths of the pool reserved for officials
- Avoid any interference with Officials performing their duties
- Any concerns must be raised calmly and respectfully with the Meet Director or Head Referee.

## SELF MARSHALLING

Self-marshalling, as it implies, is a system of marshalling whereby swimmers are responsible for being in position behind their lane in time for the Referee's whistle to start a heat.

- For this Championships, heats are self-marshalled and finals are marshalled in the traditional manner.
- Before entering the self-marshalling area it is necessary to know which event, heat and lane you are entered in. Swimmers will often have their event numbers, heat numbers and lane numbers written on their arm or leg. At the Help Desk, or near the marshalling area there will be a programme displayed for you to check when you are to race. The Help Desk officials can answer your questions and help you find the details of your event. The Check Starters all have programmes you can check as well.
- To avoid congestion in the marshalling area it is requested that swimmers assemble:
  - 8 heats prior for 50m events
  - 3 heats prior for 100m and 200m events
  - 2 heats prior for 400m events
  - 1 heat prior for 800m and 1500m events.
- If you are entered in the first few heats of the session you need to be in the marshalling area 10 minutes before racing is to commence to ensure a prompt start to the session.
- The Announcer will announce every heat after the swimmers have entered the water.
- There may be a marshalling board indicating which event is currently in the water, if the pool does not have a scoreboard showing the current event and heat.
- To help you know when to make your way to the marshalling area it may be helpful to mark in your programme when you need to make your way there.
- It is your responsibility to be aware of what heat is behind the starting blocks, and to listen to the Check Starter in the marshalling area who will indicate when to move onto the pool deck. Check Starters on pool deck will observe the swimmers moving to their positions at the blocks but will only interact with them if they appear to be in the incorrect lane, are not wearing their club cap or other unusual situations occur. The exception to this is for swimmers in Multi-Class events, when the Check Starters will offer more assistance.
- If you miss your heat you need to immediately notify the Help Desk or a Check Starter who will let the Referee know. If possible a place will be found in a spare lane in the last heat of the event. It is the Referee's decision as to whether the swimmer will swim.

	<ul style="list-style-type: none"> <li>Events of 400m and over require swimmers (or their Coach/Team Manager) to confirm their intent to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the self-marshalling procedures. If the number of withdrawals causes the event to be reseeded, swimmers will be notified by the Announcer, after the reseeding has been done, to go to the Help Desk to check their new heat and lane allocations. The Check Starters will have the new allocations as well.</li> <li>When a meet has heats and finals, self-marshalling is used for the heats and traditional marshalling is used for the finals.</li> <li>When marshalling for finals the Finalists and Reserves present themselves in the marshalling area and have their names checked off. If a Finalist is absent then a Reserve is placed in the final.</li> <li>A Check Starter will guide the swimmers onto the pool deck.</li> </ul>
<b>VISITORS</b>	<ul style="list-style-type: none"> <li>Visitors will have (V) next to their names.</li> <li>They cannot set or break Swimming Wide Bay records and are not eligible for Age Champion Awards.</li> <li>Visitors are eligible to receive a visitors medal.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>These Championships will be conducted under the rules as documented within: "Swimming Queensland General Rules", "SQ Championship By-Laws", "World Aquatics" and "SAL" rules.</li> <li>Self Marshalling rules will apply. Ensure swimmers know their event, heat and lanes when attending marshalling.</li> </ul>
<b>TIMEKEEPERS</b>	<ul style="list-style-type: none"> <li>Timekeepers / Officials will be required to be provided by each Club. A timekeeping schedule will be provided at a ratio dependent on the number of swimmers attending.</li> <li>For those Clubs with swimmers in the 800m and 1500m Freestyle events you must provide 2 timekeepers for each swimmer/team entered.</li> </ul>
<b>TENT PLAN</b>	<ul style="list-style-type: none"> <li>Each Club will have a tent area allocated for swimmers and spectators.</li> </ul>
<b>PHOTOGRAPHY &amp; IMAGES</b>	<ul style="list-style-type: none"> <li>Guardian/Parent permission: By nominating for this Meet, swimmers and their guardians/parents grant permission to Swimming Queensland, Swimming Wide Bay and the club approved photographer.</li> <li>Responsible use of images: We will strive to use the photos responsibly and ethically, adhering to the Information Privacy Act 2009.</li> </ul>
<b>ENQUIRIES</b>	Enquiries to <a href="mailto:hello@widebayswimming.org.au">hello@widebayswimming.org.au</a>
<b>MERCHANDISE</b>	<p>Swimming Wide Bay merchandise will be on sale by Miklin &amp; Co Order at: <a href="https://shop.miklin.com.au/">https://shop.miklin.com.au/</a></p> <ul style="list-style-type: none"> <li>Place your order to secure your items. Pre-ordering ensures you receive your preferred colours/sizes etc. (Please note items are made to order, there will be some extras available at the merchandise tent, however sizes/colours are not guaranteed at the event, so we encourage you to pre-order). Pre-orders close 16th February unless sold out prior.</li> </ul>
<b>FOOD &amp; DRINK</b>	<ul style="list-style-type: none"> <li>A Café and BBQ are located on the premises, and will be open.</li> <li>Delicious food, drinks and coffee served both days.</li> </ul>
<b>UPDATES</b>	<p>Championship updates will be posted and uploaded to:</p> <ul style="list-style-type: none"> <li>Facebook &amp; Instagram: <a href="#">swimmingwidebay</a></li> <li><a href="https://swimmingwidebay.org.au/">https://swimmingwidebay.org.au/</a></li> <li><a href="https://swimcentral.swimming.org.au/">https://swimcentral.swimming.org.au/</a></li> </ul>

# PROGRAM OF EVENTS

## Session 1: Friday 27 February

Time: 5.00pm Warm-up for 6.00pm Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
1	2	Timed Finals	11 & 0	200m	Butterfly
3	4	Timed Finals	11 & 0	800m	Freestyle
5	6	Timed Finals	10 & 0 - MC	200m	Individual Medley
7	8	Timed Finals	11 & 0	400m	Individual Medley

## Session 2: Saturday 28 February

Time: 7am – 7.45am Warm-up for 8.00am Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
9	10	Timed Finals	11 & 0	400m	Freestyle
11	12	Timed Finals	9 & 0 - MC	50m	Breaststroke
13	14	Timed Finals	9-11yrs	50m	Breaststroke
15	16	Prelims	12 & 0	50m	Breaststroke
17	18	Timed Finals	10-11yrs	100m	Backstroke
19	20	Prelims	12 & 0	100m	Backstroke
21	22	Timed Finals	11 & 0	200m	Breaststroke
23	24	Timed Finals	9 & 0 - MC	50m	Freestyle
25	26	Timed Finals	9-11yrs	50m	Freestyle
27	28	Prelims	12 & 0	50m	Freestyle
29	30	Timed Finals	10-11yrs	100m	Butterfly
31	32	Prelims	12 & 0	100m	Butterfly
33	34	Timed Finals	10 & 0	200m	Freestyle

## Session 3: Saturday 28 February FINALS

Time: To Be Advised

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
15	16	Finals	12 & 0	50m	Breaststroke
19	20	Finals	12 & 0	100m	Backstroke
27	28	Finals	12 & 0	50m	Freestyle
31	32	Finals	12 & 0	100m	Butterfly

# PROGRAM OF EVENTS

## Session 4: Sunday 1 March

Time: 7am - 7.45am Warm-up for 8.00am Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
35	36	Timed Finals	10-11yrs	100m	Freestyle
37	38	Prelims	12 & 0	100m	Freestyle
39	40	Timed Finals	9-11yrs	50m	Backstroke
41	42	Prelims	12 & 0	50m	Backstroke
43	44	Timed Finals	9 & 0 - MC	50m	Backstroke
45	46	Timed Finals	10 & 0	200m	Individual Medley
47	48	Timed Finals	9 & 0 - MC	50m	Butterfly
49	50	Timed Finals	9-11yrs	50m	Butterfly
51	52	Prelims	12 & 0	50m	Butterfly
53	54	Timed Finals	11 & 0	200m	Backstroke
55	56	Timed Finals	10-11yrs	100m	Breaststroke
57	58	Prelims	12 & 0	100m	Breaststroke
59	60	Timed Finals	12 & 0	1500m	Freestyle

## Session 5: Sunday 1 March FINALS

Time: To Be Advised

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
43	44	Finals	12 & 0	100m	Freestyle
47	48	Finals	12 & 0	50m	Backstroke
57	58	Finals	12 & 0	50m	Butterfly
63	64	Finals	12 & 0	100m	Breaststroke



Swimming Wide Bay merchandise will be on sale by Miklin & Co  
Order at: <https://miklin.com.au/pages/event-merchandise>  
Preorders will close 16th February unless sold out prior.  
Merch Design by Miklin.

## WE NEED YOUR HELP!

**We need your help to make our Swimming Wide Bay Long Course Championship events a success!**

Volunteering is a great way to support our swimmers, meet new people, and be part of the action. Whether you're helping on the pool deck, assisting with timekeeping, or supporting behind the scenes, your contribution is invaluable.

Join us and help create unforgettable events for our swimming community!

Click below to fill out our Google Volunteer Form:

<https://forms.gle/tPjEZo4vy3DwNaV9>