

FEMALE	9 YEARS		10 YEARS		11 YEARS		12 YEARS		13 YEARS		14 YEARS		15 YEARS		16 YEARS		17 YEARS & OVER	
	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC
50 FREE	47.65	48.62	41.29	42.13	39.67	40.48	36.22	36.96	34.80	35.51	33.64	34.33	32.77	33.44	32.49	33.15	31.98	32.64
100 FREE			1:28.68	1:30.49	1:23.95	1:25.66	1:19.50	1:21.12	1:14.74	1:16.27	1:12.66	1:14.14	1:10.79	1:12.23	1:10.16	1:11.59	1:09.52	1:10.94
200 FREE			3:07.59	3:11.42	3:02.20	3:05.92	2:48.77	2:52.21	2:40.38	2:43.66	2:34.94	2:38.10	2:33.59	2:36.72	2:32.22	2:35.33	2:30.87	2:33.95
400 FREE					6:23.94	6:31.77	5:53.48	6:00.70	5:36.29	5:43.15	5:24.88	5:31.51	5:22.03	5:28.60	5:19.18	5:25.69	5:16.34	5:22.79
800 FREE					12:09.41	12:24.29	12:09.41	12:24.29	11:27.63	11:41.66	11:10.00	11:23.68	10:58.25	11:11.68	10:52.36	11:05.68	10:46.49	10:59.69
1500 FREE							21:37.02	22:03.49	21:37.02	22:03.49	21:14.66	21:40.67	20:52.29	21:17.85	20:41.11	21:06.44	20:29.93	20:55.03
50 BACK	55.27	56.40	47.90	48.88	46.80	47.75	42.89	43.77	40.62	41.45	39.64	40.45	39.31	40.11	38.99	39.79	38.67	39.46
100 BACK			1:43.33	1:45.44	1:36.23	1:38.20	1:32.02	1:33.90	1:26.90	1:28.68	1:23.43	1:25.13	1:22.03	1:23.71	1:21.35	1:23.01	1:20.65	1:22.29
200 BACK					3:17.10	3:21.12	3:17.10	3:21.12	3:04.47	3:08.23	2:59.93	3:03.60	2:58.42	3:02.06	2:56.91	3:00.52	2:55.40	2:58.97
50 BREAST	1:02.92	1:04.20	53.71	54.81	51.22	52.27	48.04	49.02	44.49	45.40	43.42	44.31	43.06	43.94	42.71	43.59	42.35	43.22
100 BREAST			1:56.98	1:59.37	1:51.47	1:53.75	1:45.23	1:47.38	1:37.17	1:39.15	1:34.08	1:36.00	1:31.01	1:32.86	1:30.23	1:32.07	1:29.46	1:31.29
200 BREAST					3:49.78	3:54.47	3:49.78	3:54.47	3:32.77	3:37.11	3:24.26	3:28.43	3:20.85	3:24.95	3:19.15	3:23.22	3:17.44	3:21.47
50 FLY	52.54	53.61	45.53	46.46	42.58	43.45	40.61	41.43	37.90	38.67	36.99	37.74	36.68	37.43	36.38	37.12	36.08	36.81
100 FLY			1:43.54	1:45.65	1:37.09	1:39.07	1:33.05	1:34.94	1:23.14	1:24.84	1:21.12	1:22.78	1:19.12	1:20.73	1:18.44	1:20.04	1:17.77	1:19.36
200 FLY					3:18.86	3:22.92	3:18.86	3:22.92	3:03.90	3:07.66	2:59.42	3:03.08	2:56.43	3:00.03	2:54.93	2:58.50	2:53.45	2:56.98
100 IM			1:38.01		1:37.09		1:28.73		1:23.66		1:22.25		1:19.34		1:18.65		1:17.96	
200 IM			3:34.96	3:39.35	3:28.70	3:32.96	3:14.18	3:18.15	3:00.12	3:03.79	2:57.14	3:00.76	2:52.67	2:56.19	2:51.18	2:54.67	2:49.69	2:53.16
400 IM					7:00.09	7:08.66	7:00.09	7:08.66	6:36.46	6:44.55	6:29.91	6:37.87	6:16.80	6:24.49	6:13.52	6:21.14	6:10.24	6:17.80

Qualifying times must have been achieved at an approved qualifying meet on or after 1 January 2023.
Long and Short Course qualifying times accepted.

MALE	9 YEARS		10 YEARS		11 YEARS		12 YEARS		13 YEARS		14 YEARS		15 YEARS		16 YEARS		17 YEARS & OVER	
	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC	SC	LC
50 FREE	47.65	48.62	41.29	42.13	40.08	40.89	36.22	36.96	33.20	33.88	31.40	32.04	30.11	30.73	29.85	30.46	28.57	29.15
100 FREE			1:28.68	1:30.49	1:25.66	1:27.41	1:19.50	1:21.12	1:12.17	1:13.65	1:08.79	1:10.20	1:05.40	1:06.73	1:04.84	1:06.16	1:02.58	1:03.86
200 FREE			3:07.59	3:11.42	3:05.92	3:09.72	2:48.77	2:52.21	2:33.88	2:37.02	2:28.91	2:31.95	2:23.95	2:26.89	2:22.71	2:25.62	2:17.74	2:20.55
400 FREE					6:31.77	6:39.76	5:53.48	6:00.70	5:24.68	5:31.30	5:14.21	5:20.62	5:03.73	5:09.92	5:01.11	5:07.26	4:50.64	4:56.57
800 FREE					12:09.41	12:24.29	12:09.41	12:24.29	11:14.97	11:28.75	10:53.20	11:06.53	10:20.54	10:33.20	10:15.09	10:27.65	10:04.21	10:16.54
1500 FREE							21:33.77	22:00.18	21:33.77	22:00.18	20:52.04	21:17.59	19:49.44	20:13.71	19:39.00	20:03.06	19:18.14	19:41.77
50 BACK	55.27	56.40	47.90	48.88	46.80	47.75	42.89	43.77	38.57	39.35	37.13	37.89	36.27	37.01	35.69	36.42	33.89	34.58
100 BACK			1:43.33	1:45.44	1:38.20	1:40.20	1:32.02	1:33.90	1:23.32	1:25.02	1:18.34	1:19.94	1:15.86	1:17.41	1:14.61	1:16.13	1:12.13	1:13.60
200 BACK					3:17.10	3:21.12	3:17.10	3:21.12	3:01.94	3:05.66	2:52.28	2:55.80	2:48.16	2:51.59	2:45.40	2:48.77	2:39.89	2:43.15
50 BREAST	1:02.92	1:04.20	53.71	54.81	51.22	52.27	48.04	49.02	42.89	43.77	40.97	41.80	40.01	40.83	39.37	40.17	38.41	39.19
100 BREAST			1:56.98	1:59.37	1:53.75	1:56.07	1:45.23	1:47.38	1:34.01	1:35.93	1:28.39	1:30.19	1:25.60	1:27.34	1:24.19	1:25.90	1:21.38	1:23.04
200 BREAST					3:49.78	3:54.47	3:49.78	3:54.47	3:22.97	3:27.11	3:13.74	3:17.70	3:07.60	3:11.43	3:04.52	3:08.29	2:58.37	3:02.01
50 FLY	52.54	53.61	45.53	46.46	42.58	43.45	40.61	41.43	36.51	37.26	35.15	35.87	34.34	35.04	33.79	34.48	32.71	33.37
100 FLY			1:43.54	1:45.65	1:38.32	1:40.33	1:33.05	1:34.94	1:20.96	1:22.62	1:16.13	1:17.68	1:13.71	1:15.21	1:12.50	1:13.98	1:10.09	1:11.52
200 FLY					3:18.86	3:22.92	3:18.86	3:22.92	2:58.29	3:01.93	2:50.19	2:53.66	2:44.79	2:48.15	2:42.09	2:45.39	2:36.69	2:39.88
100 IM			1:39.01		1:38.08		1:28.73		1:23.26		1:16.95		1:14.32		1:11.83		1:09.32	
200 IM			3:39.34	3:43.82	3:32.96	3:37.30	3:14.18	3:18.15	3:04.55	3:08.31	2:50.77	2:54.26	2:46.64	2:50.04	2:41.13	2:44.42	2:35.63	2:38.80
400 IM					7:00.09	7:08.66	7:00.09	7:08.66	6:39.23	6:47.38	6:09.44	6:16.98	6:00.50	6:07.86	5:45.61	5:52.66	5:24.64	5:31.26

Qualifying times must have been achieved at an approved qualifying meet on or after 1 January 2023.
Long and Short Course qualifying times accepted.