

# 2025 LONG COURSE CHAMPIONSHIPS

## Session Report

Session: 1 Friday PM

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	1 Boys 11 &O 200 Butterfly	06:00 PM	_____
Finals	2 Girls 11 &O 200 Butterfly	06:07 PM	_____
Finals	3 Boys 11 &O 800 Freestyle	06:11 PM	_____
Finals	4 Girls 11 &O 800 Freestyle	06:34 PM	_____
Finals	5 Boys 10 &O 200 IM Multi-Class MC	07:07 PM	_____
Finals	6 Girls 10 &O 200 IM Multi-Class MC	07:12 PM	_____
Finals	7 Boys 11 &O 400 IM	07:17 PM	_____
Finals	8 Girls 11 &O 400 IM	07:30 PM	_____
	Swimmers Counts for Warm-ups: 69		
	Finish Time	07:37 PM	_____

# 2025 LONG COURSE CHAMPIONSHIPS

## Session Report

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	9 Boys 11 &O 400 Freestyle	08:00 AM	_____
Finals	10 Girls 11 &O 400 Freestyle	08:24 AM	_____
Finals	11 Boys 9 &O 50 Breaststroke Multi-Class MC	08:53 AM	_____
Finals	12 Girls 9 &O 50 Breaststroke Multi-Class MC	08:55 AM	_____
Finals	13 Boys 9-11 50 Breaststroke	08:57 AM	_____
Finals	14 Girls 9-11 50 Breaststroke	09:04 AM	_____
Prelims	15 Boys 12 &O 50 Breaststroke	09:12 AM	_____
Prelims	16 Girls 12 &O 50 Breaststroke	09:20 AM	_____
Finals	17 Boys 10-11 100 Backstroke	09:30 AM	_____
Finals	18 Girls 10-11 100 Backstroke	09:37 AM	_____
Prelims	19 Boys 12 &O 100 Backstroke	09:44 AM	_____
Prelims	20 Girls 12 &O 100 Backstroke	09:53 AM	_____
Finals	21 Boys 11 &O 200 Breaststroke	10:12 AM	_____
Finals	22 Girls 11 &O 200 Breaststroke	10:27 AM	_____
Finals	23 Boys 9 &O 50 Freestyle Multi-Class MC	10:42 AM	_____
Finals	24 Girls 9 &O 50 Freestyle Multi-Class MC	10:45 AM	_____
Finals	25 Boys 9-11 50 Freestyle	10:46 AM	_____
Finals	26 Girls 9-11 50 Freestyle	10:54 AM	_____
Prelims	27 Boys 12 &O 50 Freestyle	11:03 AM	_____
Prelims	28 Girls 12 &O 50 Freestyle	11:14 AM	_____
Finals	29 Boys 10-11 100 Butterfly	11:32 AM	_____
Finals	30 Girls 10-11 100 Butterfly	11:34 AM	_____
Prelims	31 Boys 12 &O 100 Butterfly	11:38 AM	_____
Prelims	32 Girls 12 &O 100 Butterfly	11:46 AM	_____
Finals	33 Boys 10 &O 200 Freestyle	11:57 AM	_____
Finals	34 Girls 10 &O 200 Freestyle	12:21 PM	_____
	Swimmers Counts for Warm-ups: 362		
	Finish Time	01:04 PM	_____

# 2025 LONG COURSE CHAMPIONSHIPS

## Session Report

Session: 3 Saturday Finals  
Day of Meet: 2 Starts at 01:15 PM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	15 Boys 12 &O 50 Breaststroke	01:15 PM	_____
Finals	16 Girls 12 &O 50 Breaststroke	01:23 PM	_____
Finals	19 Boys 12 &O 100 Backstroke	01:30 PM	_____
Finals	20 Girls 12 &O 100 Backstroke	01:42 PM	_____
Finals	27 Boys 12 &O 50 Freestyle	01:55 PM	_____
Finals	28 Girls 12 &O 50 Freestyle	02:01 PM	_____
Finals	31 Boys 12 &O 100 Butterfly	02:08 PM	_____
Finals	32 Girls 12 &O 100 Butterfly	02:18 PM	_____
	Swimmers Counts for Warm-ups: 185		
	Finish Time	02:29 PM	_____

# 2025 LONG COURSE CHAMPIONSHIPS

## Session Report

Session: 4 Sunday AM

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	35 Boys 10-11 100 Freestyle	08:00 AM	_____
Finals	36 Girls 10-11 100 Freestyle	08:08 AM	_____
Prelims	37 Boys 12 &O 100 Freestyle	08:17 AM	_____
Prelims	38 Girls 12 &O 100 Freestyle	08:35 AM	_____
Finals	39 Boys 9-11 50 Backstroke	09:00 AM	_____
Finals	40 Girls 9-11 50 Backstroke	09:07 AM	_____
Prelims	41 Boys 12 &O 50 Backstroke	09:17 AM	_____
Prelims	42 Girls 12 &O 50 Backstroke	09:26 AM	_____
Finals	43 Boys 9 &O 50 Backstroke Multi-Class MC	09:43 AM	_____
Finals	44 Girls 9 &O 50 Backstroke Multi-Class MC	09:45 AM	_____
Finals	45 Boys 10 &O 200 IM	09:47 AM	_____
Finals	46 Girls 10 &O 200 IM	10:19 AM	_____
Finals	47 Boys 9 &O 50 Butterfly Multi-Class MC	10:58 AM	_____
Finals	48 Girls 9 &O 50 Butterfly Multi-Class MC	10:59 AM	_____
Finals	49 Boys 9-11 50 Butterfly	11:01 AM	_____
Finals	50 Girls 9-11 50 Butterfly	11:06 AM	_____
Prelims	51 Boys 12 &O 50 Butterfly	11:11 AM	_____
Prelims	52 Girls 12 &O 50 Butterfly	11:20 AM	_____
Finals	53 Boys 11 &O 200 Backstroke	11:34 AM	_____
Finals	54 Girls 11 &O 200 Backstroke	11:45 AM	_____
Finals	55 Boys 10-11 100 Breaststroke	12:00 PM	_____
Finals	56 Girls 10-11 100 Breaststroke	12:07 PM	_____
Prelims	57 Boys 12 &O 100 Breaststroke	12:16 PM	_____
Prelims	58 Girls 12 &O 100 Breaststroke	12:26 PM	_____
Finals	59 Boys 12 &O 1500 Freestyle	12:41 PM	_____
Finals	60 Girls 12 &O 1500 Freestyle	01:01 PM	_____
	Swimmers Counts for Warm-ups: 333		
	Finish Time	01:21 PM	_____

# 2025 LONG COURSE CHAMPIONSHIPS

## Session Report

Session: 5 Sunday Finals

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	37 Boys 12 &O 100 Freestyle	01:30 PM	_____
Finals	38 Girls 12 &O 100 Freestyle	01:40 PM	_____
Finals	41 Boys 12 &O 50 Backstroke	01:50 PM	_____
Finals	42 Girls 12 &O 50 Backstroke	01:58 PM	_____
Finals	51 Boys 12 &O 50 Butterfly	02:06 PM	_____
Finals	52 Girls 12 &O 50 Butterfly	02:13 PM	_____
Finals	57 Boys 12 &O 100 Breaststroke	02:20 PM	_____
Finals	58 Girls 12 &O 100 Breaststroke	02:31 PM	_____
	Swimmers Counts for Warm-ups: 192		
	Finish Time	02:44 PM	_____