



SWB

SWIMMING WIDE BAY

2025 LONG COURSE CHAMPIONSHIPS

BUNDABERG

NORVILLE PARK POOL

148 Enterprise St, Norville (Bundaberg) QLD 4670

28th February - 2nd March 2025



 swimming
queensland

 **MIKLIN & CO**
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KEY EVENT INFORMATION

<p>TIMES Times are subject to change.</p>	<ul style="list-style-type: none"> • Friday (Session 1) – 5.00pm Warm-up for 6.00pm Start • Saturday (Session 2) – 7.00am – 7.45am Warm-up for 8.00am Start • Saturday (Session 3 FINALS) – To Be Advised • Sunday (Session 4) – 7.00am – 7.45am Warm-up for 8.00am Start • Sunday (Session 5 FINALS) – To Be Advised
<p>ENTRY & PROGRAM</p>	<ul style="list-style-type: none"> • Swimmers & Coaches - FREE • Spectator entry covered under nomination fees (see below). • Please ensure that a personal copy of the program is printed as no programs will be available to spectators at the gate. Programs will only be available for coaches who have made prior arrangements with SWB Committee for the printing of their copy of the program.
<p>NOMINATION FEE</p>	<ul style="list-style-type: none"> • \$10.50 per Individual Event <p><i>No refunds will be given for withdrawal from the meet unless it is due to a medical reason. If withdrawing due to a medical reason, a medical certificate needs to be provided by 5pm on Thursday 29th February. No refunds apply if the meet is cancelled on the days due to inclement weather, extreme heat or public health restrictions.</i></p>
<p>AGE DETERMINATION</p>	<ul style="list-style-type: none"> • Age as at 28th February 2025. Athletes cannot swim 'up' an age in individual events. • Minimum age to compete at these championships is 9 years. Minimum age for 1500m is 12 years. Minimum age for 800m Free, 400m IM, 200m Back, 200m Breast and 200 Fly is 11 years. Minimum age for 200m IM, 200 Free & 400 Free is 11 years.
<p>ELIGIBILITY</p>	<ul style="list-style-type: none"> • These Championships are open to all registered 'Competitive' members of Swimming Wide Bay affiliated clubs. 'Recreational' swimmers are ineligible to enter.
<p>QUALIFYING TIMES & ENTRY CLOSE DATE</p>	<ul style="list-style-type: none"> • Qualifying times must have been achieved at an approved meet between 1st January 2023 and 23rd February 2025 (Sunshine Coast Grammar the final meet). Qualifying times: https://swimmingwidebay.org.au/long-course-championships/ • Entries Close: 9am on the 24th February 2025.
<p>MULTI CLASS EVENTS</p>	<ul style="list-style-type: none"> • Multi-Class Swimmers must be registered as 'competitive' swimmers with a Swimming Wide Bay Club and have a classification card. Your classification number/s must be registered against your swimmers record in SwimCentral. • Your classification card needs to be sighted by the Chief Referee before competition starts. Swimmers who do not produce cards before commencement, will be not eligible for medals. • Medals/points will be awarded for 1st, 2nd & 3rd place using the Swimming Australia Multi- Class Point Score.
<p>EVENT DETAILS</p>	<ul style="list-style-type: none"> • As per Program of Events below. Please note all 12 and over 50m and 100m events will be swum as combined preliminary heats and then age group finals. All 200m and over events will be timed finals.
<p>RULES</p>	<ul style="list-style-type: none"> • These Championships will be conducted under the rules as documented within: "Swimming Queensland General Rules", "SQ Championship By-Laws", "World Aquatics" and "SAL" rules. • Self Marshalling rules will apply. Ensure swimmers know their event, heat and lanes when attending marshalling.

TIMEKEEPERS / OFFICIALS	<ul style="list-style-type: none"> Timekeepers / Officials will be required to be provided by each Club. A timekeeping schedule will be provided at a ratio dependent on the number of swimmers attending. For those Clubs with swimmers in the 800m and 1500m Freestyle events you must provide 2 timekeepers for each swimmer/team entered.
TENT PLAN	<ul style="list-style-type: none"> Each Club will have a tent area allocated for swimmers and spectators.
MEDALS & AWARDS	<p>Swimmers aged 9, 10, 11 Years:</p> <ul style="list-style-type: none"> Placegetter Medals will be awarded for all individual age groups within each event All Events will be conducted as timed finals. <p>Swimmers aged 12 Years and Over:</p> <ul style="list-style-type: none"> Age Groups: 12, 13, 14, 15, 16, 17 & over Placegetter Medals will be awarded for all individual age groups within each event. 1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swum in Timed Finals.
SWB ANNUAL AWARDS	<ul style="list-style-type: none"> Swimmers registered with Swimming Wide Bay MUST compete at the Long and Short Course Championships to be eligible for our Annual Awards.
AGE CHAMPIONS	<p>Eligibility for Age Champions:</p> <ul style="list-style-type: none"> Age Champion events are: 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over. Points will be awarded for all events. A swimmer must have completed 4 swims to be eligible to become Swimming Wide Bay Age Champion. An individual's total will be determined from their 5 highest point scoring events. In the event of a tie, we will work backwards in points score totals until a winner has been determined. Points to be awarded: 1st - 6, 2nd - 3 and 3rd - 1. Multi Class Champion will be determined from the 50m events. Multi Class Swimmers are not required to compete in all 4 x 50m events to be eligible for age champion. In the event of a tie, the swimmer with the highest aggregate points as calculated by the Swimming Australia Multi- Class Point Score system, will receive age champion.
SWIMMERS OF THE MEET	<p>The "Swimmer of the Meet" award will be presented to the male and female swimmers who accumulate the most points:</p> <ul style="list-style-type: none"> Swimmers who break a record are awarded 2x the points awarded for an individual first-place finish.
PHOTOGRAPHY & IMAGES	<ul style="list-style-type: none"> Guardian/Parent permission: By nominating for this Meet, swimmers and their guardians/parents grant permission to Swimming Queensland, Swimming Wide Bay and the club approved photographer. Responsible use of images: We will strive to use the photos responsibly and ethically, adhering to the Information Privacy Act 2009.
ENQUIRIES	<ul style="list-style-type: none"> Enquiries to hello@widebayswimming.org.au
UPDATES	<p>Championship updates will be posted and uploaded to:</p> <ul style="list-style-type: none"> Facebook & Instagram: swimmingwidebay https://swimmingwidebay.org.au/long-course-championships/ https://swimcentral.swimming.org.au/

SELF MARSHALLING

Self-marshalling, as it implies, is a system of marshalling whereby swimmers are responsible for being in position behind their lane in time for the Referee's whistle to start a heat.

- For this Championships, heats are self-marshalled and finals are marshalled in the traditional manner.
- Before entering the self-marshalling area it is necessary to know which event, heat and lane you are entered in. Swimmers will often have their event numbers, heat numbers and lane numbers written on their arm or leg. At the Help Desk, or near the marshalling area there will be a programme displayed for you to check when you are to race. The Help Desk officials can answer your questions and help you find the details of your event. The Check Starters all have programmes you can check as well.
- To avoid congestion in the marshalling area it is requested that swimmers assemble:
 - 8 heats prior for 50m events,
 - 3 heats prior for 100m and 200m events,
 - 2 heats prior for 400m events,
 - 1 heat prior for 800m and 1500m events.
- If you are entered in the first few heats of the session you need to be in the marshalling area 10 minutes before racing is to commence to ensure a prompt start to the session.
- The Announcer will announce every heat after the swimmers have entered the water.
- There may be a marshalling board indicating which event is currently in the water, if the pool does not have a scoreboard showing the current event and heat.
- To help you know when to make your way to the marshalling area it may be helpful to mark in your programme when you need to make your way there.
- It is your responsibility to be aware of what heat is behind the starting blocks, and to listen to the Check Starter in the marshalling area who will indicate when to move onto the pool deck. Check Starters on pool deck will observe the swimmers moving to their positions at the blocks but will only interact with them if they appear to be in the incorrect lane, are not wearing their club cap or other unusual situations occur. The exception to this is for swimmers in Multi-Class events, when the Check Starters will offer more assistance.
- If you miss your heat you need to immediately notify the Help Desk or a Check Starter who will let the Referee know. If possible a place will be found in a spare lane in the last heat of the event. It is the Referee's decision as to whether the swimmer will swim.
- Events of 400m and over require swimmers (or their Coach/Team Manager) to confirm their intent to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the self-marshalling procedures. If the number of withdrawals causes the event to be reseeded, swimmers will be notified by the Announcer, after the reseeding has been done, to go to the Help Desk to check their new heat and lane allocations. The Check Starters will have the new allocations as well.

When a meet has heats and finals, self-marshalling is used for the heats and traditional marshalling is used for the finals.

- When marshalling for finals the Finalists and Reserves present themselves in the marshalling area and have their names checked off. If a Finalist is absent then a Reserve is placed in the final.
- A Check Starter will guide the swimmers onto the pool deck.

PROGRAM OF EVENTS

Session 1: Friday 28th February

Time: 5.00pm Warm-up for 6.00pm Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
1	2	Finals	12 & 0	200m	Butterfly
3	4	Finals	12 & 0	800m	Freestyle
5	6	Finals	10 & 0 - MC	200m	Individual Medley
7	8	Finals	12 & 0	400m	Individual Medley

Session 2: Saturday 1st March

Time: 7am - 7.45am Warm-up for 8.00am Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
9	10	Finals	11 & 0	400m	Freestyle
11	12	Finals	9 & 0 - MC	50m	Breaststroke
13	14	Finals	9-11yrs	50m	Breaststroke
15	16	Prelims	12 & 0	50m	Breaststroke
17	18	Finals	10-11yrs	100m	Backstroke
19	20	Prelims	12 & 0	100m	Backstroke
21	22	Finals	12 & 0	200m	Breaststroke
23	24	Finals	9 & 0 - MC	50m	Freestyle
25	26	Finals	9-11yrs	50m	Freestyle
27	28	Prelims	12 & 0	50m	Freestyle
29	30	Finals	10-11yrs	100m	Butterfly
31	32	Prelims	12 & 0	100m	Butterfly
33	34	Finals	10 & 0	200m	Freestyle

Session 3 FINALS: Saturday 1st March

Time: To Be Advised

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
15	16	Finals	12 & 0	50m	Breaststroke
19	20	Finals	12 & 0	100m	Backstroke
27	28	Finals	12 & 0	50m	Freestyle
31	32	Finals	12 & 0	100m	Butterfly

PROGRAM OF EVENTS

Session 4: Sunday 2nd March

Time: 7am – 7.45am Warm-up for 8.00am Start

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
35	36	Finals	10-11yrs	100m	Freestyle
37	38	Prelims	12 & 0	100m	Freestyle
39	40	Finals	9-11yrs	50m	Backstroke
41	42	Prelims	12 & 0	50m	Backstroke
43	44	Finals	9 & 0 - MC	50m	Backstroke
45	46	Finals	11 & 0	200m	Individual Medley
47	48	Finals	9 & 0 - MC	50m	Butterfly
49	50	Finals	9-11yrs	50m	Butterfly
51	52	Prelims	12 & 0	50m	Butterfly
53	54	Finals	12 & 0	200m	Backstroke
55	56	Finals	10-11yrs	100m	Breaststroke
57	58	Prelims	12 & 0	100m	Breaststroke
59	60	Finals	13 & 0	1500m	Freestyle

Session 5 FINALS: Sunday 2nd March

Time: To Be Advised

EVENTS		ROUND	AGE	DISTANCE	STROKE
BOYS	GIRLS				
43	44	Finals	12 & 0	100m	Freestyle
47	48	Finals	12 & 0	50m	Backstroke
57	58	Finals	12 & 0	50m	Butterfly
63	64	Finals	12 & 0	100m	Breaststroke



Swimming Wide Bay merchandise will be on sale by Miklin & Co
 Order at: <https://shop.miklin.com.au/>
 Preorders will close 16th February unless sold out prior.

WE NEED YOUR HELP!

We need your help to make our Swimming Wide Bay Long Course Championship events a success!

Volunteering is a great way to support our swimmers, meet new people, and be part of the action. Whether you're helping on the pool deck, assisting with timekeeping, or supporting behind the scenes, your contribution is invaluable.

Join us and help create unforgettable events for our swimming community!

Click below to fill out our Google Volunteer Form:

<https://forms.gle/q78NEyVj5JuyKqP76>



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 MEET BROCHURE PG 6

